

- **Cherry Orchard Family Fun Day-** DCSWP are joining with the Orchard Community Centre and the DCC Community Team to host a family fun day on the 20th of May. There will be fun & games and an obstacle course. Everyone welcome.

- **Teen Gym - Introductory Programme**

The DCSWP Sport Officer, with the support of the St. Catherine's Gym staff, has organised another rolling four week block of Teen Gym sessions for new participants. This introductory programme is held on Saturday afternoons after the gym is closed to the public. The teens are given exclusive access to equipment and instructor supervision.

Once teens have completed these four weeks they may then use the gym after school on weekdays and up to 6pm daily during the school holidays. We constantly have new teens signing up for this programme and we have also retained a large number of teens who have progressed from Teen Gym to a full gym membership.

The cost of Teen Gym is €2 per session and is open to any teen from the age of 13 – 16 years. Teen Gym also operates every Wednesday & Thursday in Clogher Road Sports Hall (St. Kevin's College).

- **Solas School's Tag Rugby Blitz**

The Dublin City Sport and Wellbeing Partnership Sports Officer will be assisting the Solas Project in the running of their annual 4th, 5th & 6th Class School Rugby Blitz which targets all the primary schools in the South Inner City area. The Blitz has been running for approx 5 years and this year over 400 young people with travel to UCD Sports Fields on Thursday 15th June to take part, with over 80 corporate volunteers helping out on the day.

- **Club Support**

The local DCSWP Sport Officer supports and works with the coaches from *St. Catherine's Boxing Club* & *Tae Kwon-Do Club* who both train on various evenings in St. Catherine's Sports Centre and are always willing to take on new members. Likewise with *Liberty Saints Rugby Club U13's & 17's* who train on Tuesday & Thursday nights in Liberty Park on Basin Lane.

- **Safeguarding Training:** The DCSWP Sport Officer will be facilitating Safeguarding Courses during the months of May & June for local community clubs, volunteers and coaches. Dates and locations to be confirmed.

- **Bluebell Fitness Classes** – Two fitness programmes run weekly in Bluebell Community Centre; Zumba on Mondays from 7pm to 8pm and Aerobics on Thursdays from 7pm to 8pm. This programme is open to the community.

- **Fatima Fitness Classes** - Two fitness programmes run weekly in the F2 centre; Step Aerobics on Mondays from 6pm to 7pm and Circuit Training from 6pm to 7pm on Thursdays. This programme is open to the community.

- **Activities for Over 55's**
Aqua Aerobics, every Wednesday from 11am – 12pm in Guinness Pool
Chair Aerobics, every Thursday from 10.30am – 11.30am in Donore Avenue Community Centre
Indoor Bowls, every Friday from 12pm – 1pm in Donore Avenue Community Centre
- **Couch to 5K** – there are currently two 'couch to 5k' groups running in the Dublin 8 area. One takes place in Bluebell on Wednesday evenings from 6pm – 7pm and the other takes place in Fatima (same day & time). For more information please contact the local DCSWP Sports Officer.
- **Afterschool Programme:** This is held in Scoil Iosagan every Wednesday from 2.30pm – 3.30pm and is aimed at boys under 10 years of age.
- **GYMtastics** – this initiative, aimed at 8 – 11 year olds with varying degrees of abilities, takes place every Wednesday from 4.30pm – 5.30pm in the F2 Centre, Fatima.
- **Archery Programme** with boys & girls from St. Patrick's Choir School on Thursday's from 2.30pm to 4pm. Weekly until end of May.
- **Learn to Swim Sessions: Fatima/Dolphin House** – Thursdays, 5pm to 6.30pm, Crumlin Pool. Weekly until early June.
- **Triathlon Ireland Tri Kids** – A number of schools from the Dublin 8 area will compete in the grand finale event on June 6th from 10am – 3pm in Kings Hospital.
- **Addiction Response Crumlin (4 Programmes)**
Wednesdays: 11am to 1pm, Urban Gym Drimnagh – Recovered Group
Thursdays: 11am to 1pm, Urban Gym Drimnagh – Recovery Via Sport Group 2
Fridays: 11am to 12pm, Clogher Rd – Women's Group
Fridays: 11am to 1pm, Clogher Rd – Addiction Response Men

Football Development Officers Update

- **Intercultural After-School Club:** This integration programme is a joint initiative between Cherry Orchard FC, local schools and the local community in Ballyfermot. It takes place on Thursday's from 12.30pm – 1.30pm in Elmdale Park and from 4.30pm – 5.30pm in **Sports & Fitness Ballyfermot**.
- **Football Drop-in** every Monday from 5pm to 6pm in Ballyfermot Sports & Fitness for 5 – 7 year olds (skill development) and every Thursday from 5pm to 6pm in Inchicore Sports Centre for teens (social, diversion, skill development).
- **Sprog Soccer** takes place every Monday from 4pm to 5pm in St. Catherine's Sports Centre for 4 – 8 year olds.
- **Men's Homeless Street League** takes place each Friday from 11am – 1pm in St. Catherine's Sports Centre.
- **Girl's Football Drop-in** every Monday from 5pm to 6pm in St. Catherine's Sports Centre for 6 – 11 year olds.

- **School Football Sessions** will run in St. Catherine's Sports Centre every Monday & Tuesday morning for local schools in the area.
- **Late Night Leagues** recommence this month in St. Catherine's Sports Centre on Monday nights. This popular youth diversion initiative is aimed at the 11-12 year old and 13-15 year old age groups and is a combined initiative with local youth support groups and the local Garda JLO. The programme will also take place in Clogher Road Sports Centre on Friday nights, Inchicore Community Sports Centre on Thursday nights, Basin Lane pitch also on Thursday nights and in Bluebell Youth & Community Centre on Wednesday nights.
- A **Primary Schools Competition** for local schools in the Inchicore area has commenced. The tournament, for both boys and girls is played mainly at the CIE grounds with the final to be played in early June at St. Patrick's Athletic FC's ground in Richmond Park.
- **Walking Football** for the Active Retirement over 65's – Clogher Road Sports Centre every Friday from 1pm – 2pm (ongoing).
- St. Catherine's Sports Centre hold an '**open gym**' session for residents of the **Fr. Peter McVerry Trust** Foyer every Friday morning

Cricket Development Officer Update

- School Visits- We will be delivering school yard sessions in the South Central Area to the following schools:

Drimnagh Castle BNS (Thursdays 11.00am - 12.30pm)

Scoil Colm (Thursdays 1.00pm - 2.30pm)

Both schools mentioned above are still competing in the latter stages of the Leprechaun Cup (primary schools competition). Days and times vary between each school depending on availability etc...

- The Cricket Development Officer is working closely to develop the newly formed Chapelizod Cricket Club. Coaching Sessions are being held with this group in St. Catherines Park, Lucan, on Friday evenings from 6.30pm – 8.30pm.
- The Cricket Development Officer will be working closely with DCSWP Sport Officers in the area to organize the running of cricket programmes over the coming months.

Rugby Development Officer Update

- **Primary Schools**
Active Schools Week: providing a day of 'Give-It-A-Try' tag rugby for all ages in primary schools (mostly new) throughout the area: Bishop Galvin GNS in Terenure, St. Gabriel's Ballyfermot, Our Lady of Good Counsel BNS Drimnagh and St. Patrick's Chapelizod.
- **Citywide Primary School Blitz**
All 4 DCSWP Rugby Officers are coming together to run a huge blitz in Irishtown Stadium for primary schools from all over the city. Approximately 500 6th class students will take part in a tag rugby blitz on Wednesday 7th June.

Contacts:

Antonia Martin, Dublin City Sport & Wellbeing Partnership, Manager: antonia.martin@dublincity.ie

Martin McDonagh, Manager, Sports & Fitness Ballyfermot & Inchicore Sports Centre:
martin.mcdonagh@dublincity.ie

Cormac Healy, Manager, St. Catherine's Sports Centre & Clogher Road Sports Centre:
cormac.healy@dublincity.ie

Mitch Whitty, Sport Officer: mitchell.whitty@dublincity.ie

Catherine Flood, Sport Officer: catherine.flood@dublincity.ie

Will Morris, Sport Officer: william.morris@dublincity.ie

Sharon Kelly, Sport Officer: sharon.kelly@dublincity.ie

Gareth Herbert, Sport Officer: gareth.herbert@dublincity.ie

Derek Ahern, Sport Officer: derek.ahern@dublincity.ie

Michael Moore, Soccer: michael.moore@fai.ie

Marc Kenny, Soccer: marc.kenny@fai.ie

David Rake, Soccer: david.rake@fai.ie

Jonathan Tormey, Soccer: jonathan.tormey@fai.ie

Ed Griffin, Boxing: shandygriffin@hotmail.com

Fintan McAllister, Cricket: fintan.mcallister@cricketleinster.ie

Aoife Thompson, Rugby: aoife.thompson@leinsterrugby.ie

Report by

Alan Morrin

Dublin City Sport & Wellbeing Partnership